

Reservations

Kumamoto City Vaccine Appointment
Toll-Free Number
0120-096-885
Hours: 8:30 - 19:00 (closed 12/29-1/3)

Reservations for initial vaccinations cannot be made online.
For children ages 5 to 11, please contact the medical institution directly.

IF YOU HAVE QUESTIONS:

For questions unrelated to vaccine reservations

- For those unable to use the Internet to find detailed information;
- For those who have questions about COVID-19 vaccines;
- For those who want information on medical institutions capable of addressing symptoms of side effects; etc.

Kumamoto City COVID-19 Vaccine Call Center
096-300-5577 (6 languages)
Hours: 8:30 - 19:00 (closed 12/29-1/3)
Services available in English, 中文, 한국어, Tiếng Việt, and Tagalog.

For questions about the vaccines

MHLW COVID-19 Call Center
0120-761-770 (in Japanese)
For foreign language support: **0120-565-653** (6 languages)
Hours: 9:00 - 21:00 (including Sat, Sun & holidays)

For information on vaccine safety, effectiveness, and post-vaccine side effects

Kumamoto Prefecture COVID-19 Expert Hotline
096-285-5622 (in Japanese)
For foreign language support: **092-687-5144** (20 languages)
Available 24 hours (including Sat, Sun & holidays)

TO CANCEL A RESERVATION

For reservations made online/by phone:

Please call the Vaccine Appointment Toll-Free Number (0120-096-885). If there are 3 or fewer days until your reservation and you need to cancel, call both the toll-free number and the medical institution where you are scheduled to receive your vaccination.

For reservations made directly with a medical institution:

Contact the medical institution where you made your reservation directly.

ONLINE INFORMATION

Visit the MHLW Official Website for more information on COVID-19 vaccines.
MHLW Official Website
MHLW COVID vaccine Search

Visit the Kumamoto City Official Website for the latest COVID-19 updates.
Kumamoto City Official Website
熊本市 新型コロナワクチン Search

For those ages 12 and over

About vaccines for ages 12 and over
熊本市 ワクチン 初回接種 Search

For those ages 5 to 11

About vaccines for children (5-11yo)
熊本市 ワクチン 小児 Search

FOR THOSE AGES 5 AND OLDER

8th Edition

Guidebook For Initial Doses of COVID-19 Vaccine

Information in this guidebook is current as of August 23rd, 2023.
Information written here may be updated or corrected via announcement from the national government, etc.
Please check the city website, city newsletter, etc., regularly for new information.

ELIGIBILITY

Those 6 months of age or older

Children older than 6 months can be vaccinated for COVID-19, but this guidebook is intended for people ages 5 and older who would like to receive the vaccine.

Ages 12 and older

Please reserve by phone.

Kumamoto City Vaccine Appointment Toll-Free Number
0120-096-885
Hours: 8:30 - 19:00 (including Sat, Sun & holidays)

Ages 5 to 11

Please reserve directly with a medical institution

Please check which medical institutions are offering direct reservations and contact them directly.
If there is a medical institution you visit regularly, ask about vaccinations the next time you visit.
Medical institutions offering vaccinations for children ages 5 to 11

VACCINE AVAILABILITY, CONSENT FROM GUARDIAN(S), ETC.

Vaccines covered by the Preventive Vaccination Law are shown below. **Available vaccines are limited to those provided by the national government at time of your vaccination** (i.e., some vaccines may not be available as they are not being provided by the government).

Age at vaccination	Vaccine Type	Consent of Guardian
Age ≥ 16	Monovalent Omicron XBB.1.5 vaccine: Pfizer For original variant: Novavax	Not required
Age 12-15 (Junior high and up)		Required
Age 12 (Elementary school)		Consent and accompaniment required
Age 5-11	Monovalent Omicron XBB.1.5 vaccine: Pfizer (for children)	

Visit the MHLW website for explanations for each of the vaccines:
MHLW COVID-19 vaccine instructions Search

For vaccination purposes, children are considered to be 5 years old starting the day before their 5th birthday and are considered 11 until two days before their 12th birthday. Please make vaccine reservations in accordance with your child's age on the vaccination date.

Number of Doses & Vaccination Schedule

The initial vaccination consists of two doses.
Your 2nd dose will be given **3 weeks** after receiving your 1st dose.

NOTICE

COVID-19 vaccinations can be done simultaneously with an influenza vaccination, but administration of other non-influenza vaccines requires a buffer period of **2 weeks before or after** receiving a COVID-19 vaccination.

FOR CHILDREN UNDER 16 AND THEIR GUARDIAN(S) (REGARDING VACCINE CONSENT AND ACCOMPANIMENT)

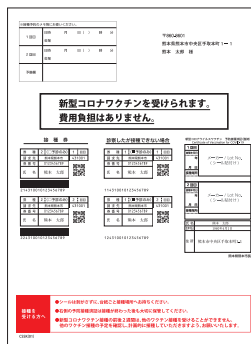
Under normal circumstances, children under 16 years old must be accompanied by a legal guardian, etc., (a guardian, parent, etc., who is familiar with the child and their health) when receiving a vaccine. Junior high school students, however, do not need to be accompanied by a legal guardian if the legal guardian signs the Medical History Form before the student submits it to the registration desk on the day of vaccination. (This is only permitted at certain facilities.)

- If you wish to receive the vaccine, please have a legal guardian sign your Medical History Form. Leave the signature field empty if you do not wish to be vaccinated. **The signature of a legal guardian is required for vaccination.**
- If you are not accompanied by a legal guardian when getting vaccinated, please provide an emergency contact phone number (where a legal guardian can definitely be reached during screening and vaccination) in the “電話番号 (Phone Number)” field on the Medical History Form.
- If you have any questions about the vaccine, please make a decision on getting vaccinated after reading information put out by the local and national government and/or contacting your doctor or local municipal office.

DAY OF VACCINATION & POST-VACCINATION

Please don't forget to bring the following:

Vaccine voucher



Medical history form

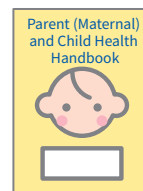


Personal identification



(Health insurance card, driver's license, My Number card, etc.)

Parent (Maternal) and Child Health Handbook
Children ages 5 to 11 should bring their handbook if possible because it is a record of their immunization history.



Fill out your medical history form before going for your vaccination.
(Measure and fill in your body temperature immediately before your vaccination.)

Check your temperature before leaving home. If you have a fever or feel unwell, please cancel your reservation and refrain from getting a vaccination.

Wear clothing that provides easy access to the shoulders (e.g., wearing a short-sleeved shirt underneath a cardigan) to make it easier to perform the injection.

Remain seated at the facility for at least 15 minutes* after receiving the vaccine.

Those susceptible to severe allergic reactions including anaphylaxis, or those who have ever fainted or felt ill after an injection should wait for about 30 minutes.

Regarding exercise, bathing, and drinking alcohol:

Please refrain from strenuous exercise or excessive drinking on the day of your vaccination.
Although bathing is not a problem, do not rub or scratch the injection site.



CERTIFICATE OF VACCINATION

Applications are available via government app, online, in-person, and by mail.
See the Kumamoto City website for details.

熊本市 ワクチン接種証明

Search



VACCINATIONS ARE NOT MANDATORY

COVID-19 vaccinations are only provided at the request of the recipient or guardian. Before deciding whether to be vaccinated, please understand the prevention from serious illness the vaccines provide as well as the risk of side effects.
Do not coerce coworkers, students, or those around you to get vaccinated, discriminate against unvaccinated people, etc.

Comment from the Kumamoto City and Kamoto Medical Associations:

Although the COVID-19 vaccine for young children & babies reduces the risk of severe symptoms, thought must also be given to post-vaccination side effects. We ask that guardians decide whether to vaccinate their children after sufficiently understanding the merits and demerits of being vaccinated. Please contact your family doctor or vaccinating medical institution if you have any questions.

POSSIBLE SIDE EFFECTS

On vaccination day Possible symptoms immediately after vaccination:

Anaphylactic shock

- Anaphylactic shock is a severe allergic reaction that can occur a short time after certain medicines or foods enter the body.
- Symptoms include a sudden onset of hives, stomach pain, vomiting, and difficulty breathing, along with a loss of consciousness (becoming unresponsive).
- While anaphylactic shock is rare, and medical centers are equipped to respond immediately.

Vasovagal syncope

- Pain and stress related to vaccination can cause dizziness, paleness, and fainting.
- Anyone can experience such symptoms, and they usually dissipate after resting for a while.
- It is advisable to sit in a chair with a sturdy backrest to prevent falling and injury.



After your vaccination Possible symptoms in days following your vaccination:

After receiving a COVID-19 vaccination, you may experience a variety of symptoms as your body develops immunity against the COVID-19 virus (pain around injection site, fever, fatigue, headache, muscle/joint pain, chills, diarrhea, etc.). Most of these symptoms peak on the day following a vaccination and disappear within a few days.

For details on potential side effects, please visit the MHLW website given below.

How to handle side effects:

If you develop a fever or pain after your vaccination, prescription medicine from your doctor or over-the-counter fever and pain medication (acetaminophen, non-steroid anti-inflammatory drugs [ibuprofen, loxoprofen], etc.) are options for relief. Also, if you have a fever, be sure to stay hydrated. The arm where you received the vaccine may become itchy, painful, swollen, warm to the touch, or red a few days to a week after injection.

These side effects normally disappear naturally after a couple days, and using an ice pack or an over-the-counter antihistamine/topical steroid on an itchy rash can help. These medications can be found in anti-itch insect bite treatments.



Visit the MHLW website for details on side effects. (in Japanese only)

厚生労働省 新型コロナワクチンについて 副反応

Search



RELIEF PROGRAM

Vaccines can cause health problems (illness or disability) as a result of side effects. Although this is extremely rare, there is still a risk, and so a relief system has been established for this reason. In the case of health damage due to the COVID-19 vaccine, relief (medical expenses, disability pension benefits, etc.) is also available under the Immunization Act.*

Please consult the Kumamoto City Disease Control & Prevention Section (096-364-3189) for application procedures.

*If the Ministry of Health, Labour and Welfare determines such health damage was a result of the vaccine, you will receive a payment from Kumamoto City. (An investigation will be performed by the Illness/ Disability Qualification Review Committee [composed of vaccine, infectious disease, medical and legal experts] in order for the MHLW to make the final decision.)

Visit the MHLW homepage for more detailed info:

MHLW COVID vaccine relief system

Search

